1. Install pip for python 3
2. Activate the virtual env by (.\env\Scripts\activate) for windows

And (source env/bin/activate) On macOS and Linux:

you must be in the directory of the project in which "env directory" is there

1. Run (pip install -r requirements.txt) to install all the pre-requirements
2. Use (pip freeze ) to check if all of pre-requirements have been installed.